Prep School Student Spring 2024 Menu - WEEK 2

3-Week Rotating Menu

Monday		Tuesday	Wednesday	Thursday	Friday
Main	Chicken on a Bun	Maple Mustard Salmon	Char Siu Chicken	Double Beef Chili	Butter Chicken
	Chicken cutlet on hamburger bun. Baked potato wedges. Lettuce, tomato.	Maple mustard baked salmon loin. Barley Pilaf. Vegetable Medley.	Baked Char Sui chicken drumsticks. Long grain rice. Broccoli	Ground and diced beef chili. Baked potatoes. Corn	Butter chicken. Basmati rice PEI vegetable mix
Vegetarian	Black Bean Burger	Pesto Tortellini	Vegetarian Dumplings	Vegetarian Chili	Coconut Curry
	Black bean burger on hamburger bun. Baked potato wedges. Lettuce, tomato.	Cheese tortellini in no nut pesto sauce. Vegetable Medley	Steamed vegetable dumplings. Long grain rice. Broccoli	Bean and vegetable chili. Baked potatoes. Corn	Chickpea and potato curry. Basmati rice. PEI vegetable mix
Side	Seven Grain Salad	Mini Ciabatta buns	Egg Rolls	Cornbread	Naan Bread
	Mandarin Sections	House Baked Cake	Jello	House Baked Cookies	Applesauce and Graham Wafers